

Rayat Shikshan Sanstha's

Dr. Babasaheb Ambedkar College Aundh, Pune.

Women Development Cell

Report of Awareness program on "Safe Workplaces for Women through Story Telling Monologue"

Name of Teacher - Dr. Prabhanjan Chavan, Mrs. Asawari Shewale

Period of the Activity - 03/01/2024

Useful to Criteria - Criterion: VII

Beneficiaries - 77 Participants

Briefing of Programme-

We are very glad to inform you that the program of "Safe Workplaces for Women through Story Telling Monologue" for the students has been attended successfully. The Activity took place for 2 Hours of a day on 03/01/2024 at 10:00 am. Altogether 77 students enrolled their names for this Program.

The Chief Guest for this event Hon. Mr. Sandeep Mashoor, Pune was present. He explained that the objective of the program was to sensitize college staff and students about the Posh Act and promote and facilitate measures to create a workplace environment free from sexual harassment.

Similarly, sexual harassment complaints should be resolved and victims should be assisted to protect their dignity in the workplace. That said, in this spectrum, your awareness of safe workplaces is critical. He said that you should try to maintain a healthy workplace environment for women through storytelling titled Safe Workplaces.

Principal Dr. Arun Andhale attended the program with guidance. Mrs. Asawari Shewale planned this conference for all women professors to be present.

AS
Chairman,

Women Development Cell
DBAC Aundh-Pune-67

[Signature]
PRINCIPAL

Dr. Babasaheb Ambedkar College,
Aundh, Pune



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Aundh, Pune 67

Sport Depart and NSS Program Report 2023-24

Name of Teacher: Prof. Gujar Sushilkumar

Day & Date: Wednesday, 21st June 2023

Time: 8.30 to 11.00

Topic: International Yoga Day

Useful to Criteria: 5th and 7th

Beneficiaries: 35 teachers and

71 Students Total 106

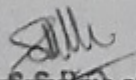
Briefing of Programme:

An International yoga day has been celebrated on 21st June in of late Rushi Patanjali International yoga day has been celebrated. This day is longest day in northern hemisphere. On this occasion, Mrs. Riya Patil guided the college staff and students about importance of Yoga in day to day life. She had given information that Aasan (position) very important tool to maintain our mind and body. Everyone should give daily one hour for health. She has given demonstration of Anulom-Vinulom, Omker, body-stretching, surya- namaskar, shavasan etc. And also taken some practice of the yoga's. Two separate session taken one for teacher and one for students.


Principal Dr. Arun Andhale given the presidential speech in programme. Prof BS Patil given introduction of Chef Guest and Prof. Gujar S.P. given vote of thanks of the programme. Guidance of Principal Dr. Arun Andhale was very important to succeed this Programme.

Out come:- After attending the session everyone will be able to

1. Understand importance of yoga for sound body and sound mind.
2. Realized the need of Yoga for better mind.


Programme officer, NSS
DR BABASAHEB AMBEDKAR
MAHAVIKRANTAL, AUNDH




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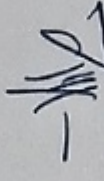
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Annual Report 2023-24
Women Development Cell

Sr.No.	Date	Name of the Program	Chief Guest	Beneficiaries
1	8/10/2023	Awareness Program on "Sanitary and Vending Burning Machine"	Mrs. Reshma Divekar Mrs. Gauri Pawar	111 Girl Students
2	9/12/2023	Seminar on "Personality Development and Menstrual Hygiene"	Hon. Mrs. Harshita Raman (Mumbai) Hon. Mr. Rajesh Bapat	132 Girl Students
3	10/18/2023	Bhondala and Garaba Program	Hon. Prin. Dr. Arun Andhale	93 students
4	10/18/2023	Health Awareness Program on "Pre and Post Menopause" for Leady Staff Members	Hon. Ms. Arati Shitole	16 Leady Staff Members
5	10/23/2023	Participation in "One Day State Level Conference on Women Empowerment"	Hon. Dr. Nilamtai Gorhe Hon. Mr. Chandrakantdada Patil Hon. Dr. Suresh Gosavi Hon. Mr. Vikaschandra Rastogi Hon. Dr. Parag Kalkar	14 Female Teachers
6	1/3/2024	"Self Workplaces" Story Telling Monologue	Hon. Sandip Mashur	77 Students
7	2/1/2024	Program on Nirbhay Kannya Abhiyan-Karate Training	Hon. Ms. Rajashree Patil (Sub Inaspector, Chaturshrungi, Pune.)	116 Students
		Girl Students Participated in State	Hon. Dr. Suresh Gosavi	



8	14/02/2023 TO 17/02/2024	Level "Swayamsiddha Sammelan, Baramati"	Hon. Mrs. Sunanda Pawar	4 Girl Students
9	3/5/2024	Workshop on "Career in Mehendi Art"	Hon. Mrs. Tejal Dandage (Mehandi Artist Pune.)	64 Girl Students
10	3/7/2024	Celebration Of "International Women's Day"	Hon. Mrs. Swati Patankar (News Reporter and Poet.)	108 Students
11	3/28/2024	"Brest Cancer Screening Camp"	Hon. Dr. Sangita Dhamdhare Hon. Dr. Sarita Sonawale	52 Women
12	4/6/2024	Lecture on Rayat Mauli Laxmibai Bhaurao Patil	Hon. Mr. Shahaji Ranawade	69 Students




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Photographs: 7.1.1

College Campus: Women Development Cell



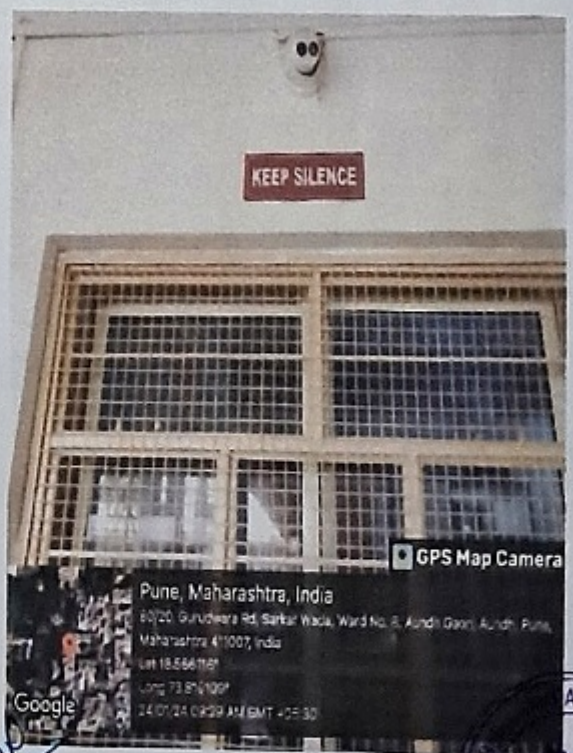
College Campus: Internal Complaint Committee



College Campus: Anti Ragging Cell



College Campus: CCTV Cameras



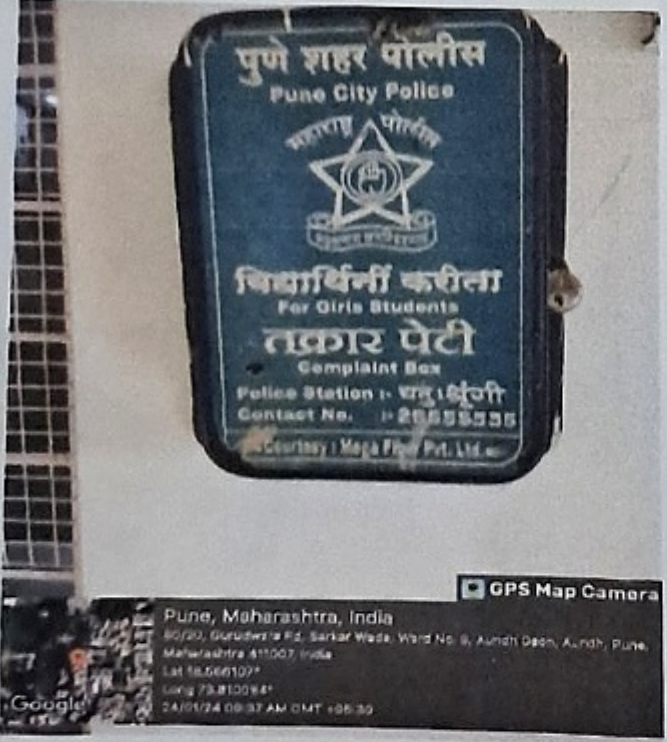
College Campus: Police Didi



College Campus: Police Kaka



College Campus: Girls Students Complaint Box



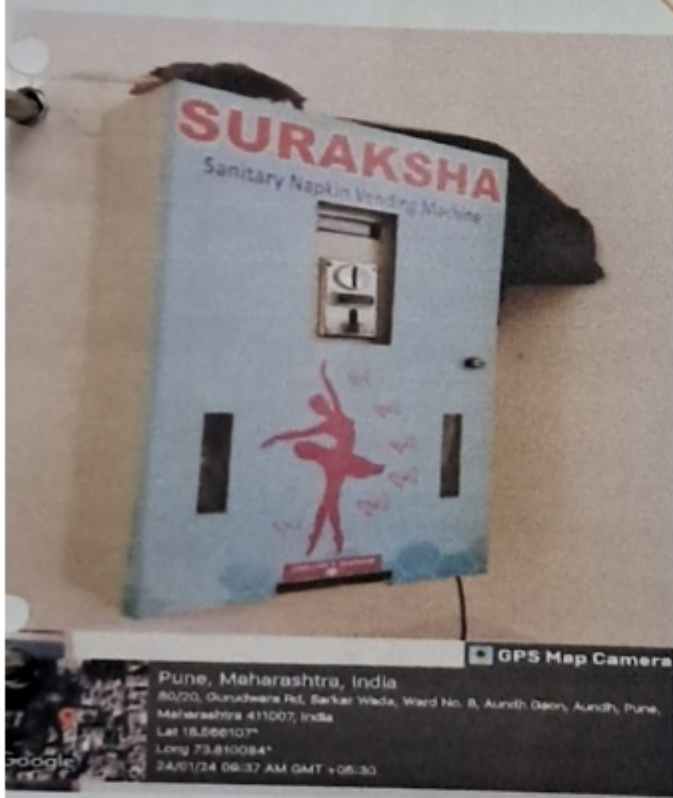
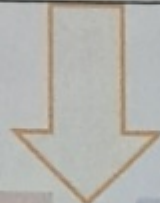
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Women Hostel and College bathroom Sanitary Napkin (Pad) Vending Machine and Sanitary Napkin (Pad) Disposal Machine



[Signature]
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Photographs: 7.1.1

College Campus Women Hostel



College Campus Women Security



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**Keep Your
Mobiles on
SILENT MODE**





Dr. Babasaheb Ambedkar Mahavidyalaya
 Anandhgaon, Pune - 411067

**Dept. of English, Psycho-Socio Counseling Cell
 and Physical Education & Sports Department
 Jointly Organized**

Half Day Workshop on

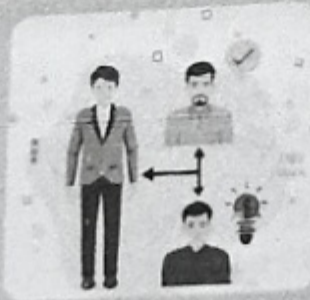
Counselling: A Tool of Human Kinds Wellbeing

Sponsored by Department of Lifelong Learning, SPPU, Pune

**Auspicious Presence:
 Prof. Dr. Vilas Aadhav**



**Dr. Rajendra More
 (Counsellor)**
 Topic :- Depression &
 Anxiety: Issues &
 Solutions



**Dr. Mrunall Khandagale
 (Counsellor)**
 Topic : Interrelation
 between Counselling &
 Inner-Self

WE INVITE YOU WARMLY TO JOIN OUR THIS WORKSHOP

**FORM 10.00AM TO 12.00AM
 AT AUDOTORIUM HALL**



Teachers :

Ms Sayali Gosavi
 Mr. Saurabh Kadam
 Mr. Gaurav Jadhav

**29
 FEB**

**THU
 2024**

Dr. Tanaji Hatekar
 Chairman
 Psycho-Social Cell

Dr. Savita Patil
 IQAC Co-ordinator

Dr. Arun Andhale
 Principal



Rayat Shikshan Sanstha's,

Dr. Babasaheb Ambedkar Mahavidyalaya, Aundh-Pune 67

Department of English, Department Of Psycho-Socio-Counselling Cell, Department Of Physical Education,

Sponsored by Department of Lifelong Learning and Extension, Savitribai Phule Pune University, Pune

Organizes

'Half-Day Workshop on 'Counselling: A Tool of Human-Kinds Wellbeing'

Date: 29th February 2024

Time: 10:00 am.

TABLE PROGRAM

- 1. Introductory Remarks: Dr. Tanaji Hatekar**
- 2. Resource Person :1) Hon. Dr. Ashwini Khandagale,
(Professional Counsellor, Life Coach and
Mental Health Expert)
2) Hon. Dr. Rajendra More
(Senior Clinical Hynotherapist,
Counciller)**
- 3. Auspicious Presence: Hon. Dr. Vilas Adhav**
- 4. Presidential Address: Prin. Dr. Arun Andhale**
- 5. Vote of Thanks: Dr. Savita Patil**
- 6. Moderation: Ms. Sayali Gosavi**





Rayat Shikshan Santha's,

Dr. Babasaheb Ambedkar Mahavidyalaya, Aundh-Pune 67

Sponsored by Savitribai Phule Pune University, Pune

Department of Lifelong Learning and Extension,
Department of English, Psycho-Socio Counselling Cell and
Department of Physical Education

Jointly organize

Half-Day Workshop on

'Counselling: A Tool of Human-Kinds Wellbeing'

Schedule of the Workshop

Date: 29th February 2024

Session-I 10:00 to 11:00

Topic: Interrelation between Counselling and Inner-Self

Resource Person:	Hon. Dr. Ashwini Khandagale, (Professional Counsellor, Life Coach and Mental Health Expert)
Introductory Remarks:	Dr. Tanaji Hatekar
Auspicious Presence:	Hon. Prof. Dr. Vilas Adhav
Presidential Address	Hon. Prin. Dr. Arun Andhale
Vote of Thanks:	Dr. Savita Patil
Moderator	Ms. Sayali Gosavi

Session-II 11:00 to 12:00

Topic: Depression and Anxiety: Issues and Solutions

Resource Person:	Hon. Dr. Rajendra More (Senior Clinical Hypnotherapist, Counciller)
Introductory Remarks:	Dr. Tanaji Hatekar
Auspicious Presence:	Hon. Prof. Dr. Vilas Adhav
Presidential Address	Hon. Prin. Dr. Arun Andhale
Vote of Thanks:	Mr. Gaurav Jadhav
Moderator	Ms. Sayali Gosavi





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Dr. Babasaheb Ambedkar Mahavidyalaya, Aundh-Pune 67

Department of English, Psycho-Socio Counselling Cell, and
Department of Physical Education

Sponsored by Department of Lifelong Learning and Extension,
Savitribai Phule Pune University, Pune.

Report of Program

Name of the Coordinators: Dr. Savita Patil ; Dr. Tanaji Hatekar

Date: 29th February 2024

Time: 10:00 AM to 12:00 PM

Beneficiaries: 83

Topic: "Half-Day Workshop on Counselling: A Tool of Human-
Kinds Being."

The Department of English, Psycho-Socio Counselling Cell, and Department of Physical Education, organized a "Half-Day Workshop on "Counselling: A Tool of Human- Kinds Being." on February 29th 2024, from 10:00 AM to 12:00 PM. The workshop was sponsored by the Department of Lifelong Learning and Extension, Savitribai Phule Pune University, Pune.

The workshop was arranged on the topic counselling a need of time. The workshop was divided in two sessions. The first session was delivered by Mrs. Mrunal Khandagale a counsellor who delivered the need of counselling in present scenario. Her topic was interrelation of inner self and counselling. According to her, every human is victim of stress and nervousness. Each one is under stress due to cut throat race of globe. Therefore, there is an urgency to ponder over our own problem. Human being is deeply involved in materialistic happiness which lead to nervousness. Very few people converse with inner self. Therefore, meditation is one of the solutions for reducing stress. It is the need of the time.





The second session was of Hon. Dr. Rajendra More. He focused on student's momentary feelings and emotions. The mood swings which is faced by today's young generation. Students will face failures in their life but they should learn from their mistakes and succeed. Screen time is increased by 8-10 hours daily which affects mental health of students. Students have stopped reading and creativity is lost. When creativity is lost people get Depression and Anxiety.

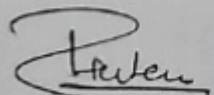
Prin. Dr. Arun Andhale, was the president of the workshop who presided over the event and delivered an inspiring opening address, highlighting the significance of counselling in modern society. Prin. Dr. Arun Andhale's presence added a sense of authority and credibility to the proceedings.

The coordination of the workshop was efficiently handled by Dr. Savita Patil, Dr. Tanaji Hatekar, and Mr. Saurabh Kadam, who ensured smooth logistics and seamless execution of the sessions. Their meticulous planning contributed to the overall success of the event.

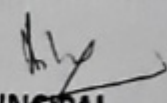
Ms. Sayali Gosavi moderated both the sessions and Mr. Gaurav Jadhav, along with Mr. Saurabh Kadam, constituted the organizing committee, responsible for the detailed arrangements and logistical support throughout the workshop. Their dedication and hard work were instrumental in creating a conducive environment for learning and interaction.

The workshop concluded with a vote of thanks extended by Mr. Gaurav Jadhav, expressing gratitude to all the participants, resource persons, and sponsors for their contributions towards making the event a resounding success. Attendees left the workshop with enhanced awareness and understanding of counselling, equipped to make informed decisions for their well-being.

Counselling and mental health workshops was incredibly beneficial for students seeking support, understanding, and strategies to manage their mental well-being. Both the workshops covered a range of topics such as stress management, coping skills, communication techniques, mindfulness, and self-care practices.


Co-ordinator




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Dr. Babasaheb Ambedkar Mahavidyalaya,
Aundh, Pune - 67**



Attendence Sheet

Time : 10:00 to

Date : 29/02/2024

Subject/ Event/ Program/ Activity Name : Half - Day Workshop on
'Counceling : A Tool of Human - kinds Wellbeing'

Class/Classes : BA/ B.com/ BBA (CA), B. var

Teacher's/ Co-ordinator's/Organiser's Name : _____

Sr.No	Student Name	Sign	Sr.No	Student Name	Sign
1	Tharret Abhishek D.	<i>Abhishek</i>	21	Ashvini Kasbate	<i>Ashvini</i>
2	<i>more vishal vishal vishal</i>	<i>vishal</i>	22	Pooja D. Savade	<i>Pooja</i>
3	Mohammad Khalid	<i>Mohammad</i>	23	Sanya Ware	<i>Sanya</i>
4	Shubham S. Jadhav	<i>Shubham</i>	24	Pratiksha Waghmare	<i>Pratiksha</i>
5	Anand A. Randive	<i>Anand</i>	25	Manisha Rambale	<i>Manisha</i>
6	Rohit N. Khasake	<i>Rohit</i>	26	Sanyogita Kamthe	<i>Sanyogita</i>
7	Panchshil T. Randive		27	Shraddha Jadhav	<i>Shraddha</i>
8	Sahil S. More	<i>Sahil</i>	28	Pratibha Bhandare	<i>Pratibha</i>
9	Ganmak M. Gawajal	<i>Ganmak</i>	29	Sayli D. Kute	<i>Sayli</i>
10	<i>अनंत अश्विनी अमित</i>	<i>अनंत</i>	30	Harshada N. Maske	<i>Harshada</i>
11	<i>अनंत अश्विनी</i>	<i>अनंत</i>	31	Arviya Harmanavhal	<i>Arviya</i>
12	Shaikh Nawaz Allahaksha	<i>Nawaz</i>	32	Pratibha Bhan	<i>Pratibha</i>
13	Suvarat Sunny Sajay	<i>Suvarat</i>	33	Dhananjay Kombar	<i>Dhananjay</i>
14	Rohan Santosh Ramakhe	<i>Rohan</i>	34	Achal Jogle	<i>Achal</i>
15	Kranti Ransingh Rajput	<i>Kranti</i>	35	Karun Gaudam	<i>Karun</i>
16	Agur Shivamra Nigappa	<i>Agur</i>	36	Yogesh Shivaji Khote	<i>Yogesh</i>
17	Rohini Ashok Bhatate	<i>Rohini</i>	37	Neeman Shaikh	<i>Neeman</i>
18	Mhasde Sakshi	<i>Mhasde</i>	38	Chetan Parekh	<i>Chetan</i>
19	Shilpa Sakhare	<i>Shilpa</i>	39	Atharva Bhor	<i>Atharva</i>
20	Snehal Rathod	<i>Snehal</i>	40	Rajneesh Patil	<i>Rajneesh</i>

21
Teacher's Sign



M. Y.
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**Rayat Shikshan Sanstha's
Dr. Babasaheb Ambedkar Mahavidyalaya,
Aundh, Pune - 67**

Attendence Sheet

Time :

Date : 29/03/2023

Subject/ Event/ Program/ Activity Name : Half-Day Workshop
on Counselling : A Tool of Human-Kinds

Class/Classes : Being

Teacher's/ Co-ordinator's/Organiser's Name :

Sr.No	Student Name	Sign	Sr.No	Student Name	Sign
1	Chavhan Chanchal	Chanchal	21	Kapil Grikwad	Kapil
2	Jadhav Bharti	Bharti	22	Jyannath Dede	Jyannath
3	Binge Piyel Datta	Piyel	23	Ankit Gidi	Ankit
4	Vaidali Sham Mahapure	Sham	24	Prerona Kamble	Prerona
5	Sakshi Dhotre	Sakshi	25	Suhani Chivhe	Suhani
6	Shraddha Mahapure	Shraddha	26	Smriti Ubale	Smriti
7	Siddique Eshrat Parveen	Eshrat	27	Vasundhara Rajal	Vasundhara
8	Seeta Rakesh Chitale	Seeta	28	Yogita Jalwar	Yogita
9	Komalika Walunke	Komalika	29	Rohini Dhotre	Rohini
10	Neha Mahadev	Neha	30	Suresh Kharat	Suresh
11	Aarti R. Rathod	Aarti	31	Mayur Chidlesh	Mayur
12	Puja Sanjay Kankate	P.S. Kankate	32	Tesha V. Pandit	Tesha
13	Mayuri Laxman Sutar	Mayuri	33	Nikhil Meshrik	Nikhil
14	Dipali Yashwantrao Pujari	Dipali	34	Siddharth Ghatge	Siddharth
15	Suneta Bhawan	Suneta	35	Pooja Rai	Pooja
16	Rohini Dhotre	Rohini	36	Aasha Dabakwad	Aasha
17	Megha Naitnavare	Megha	37	Ramkrushna Jonar	Ramkrushna
18	Telab Sakat	Telab	38	Kajal Jalindar Kengam	Kajal
19	Deepak Sutar	Deepak	39	Nikita Milind Sawate	Nikita
20	Sunvase Kankasabeh	Sunvase	40	Vikas Vasant Kule	Vikas

Teacher's Sign



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अध्यक्षीय भाषण मा. प्राचार्य अरुण जाधव



समुपदेशन कार्यक्रमाचे वादुणे उद्घाटन प्रसंगी





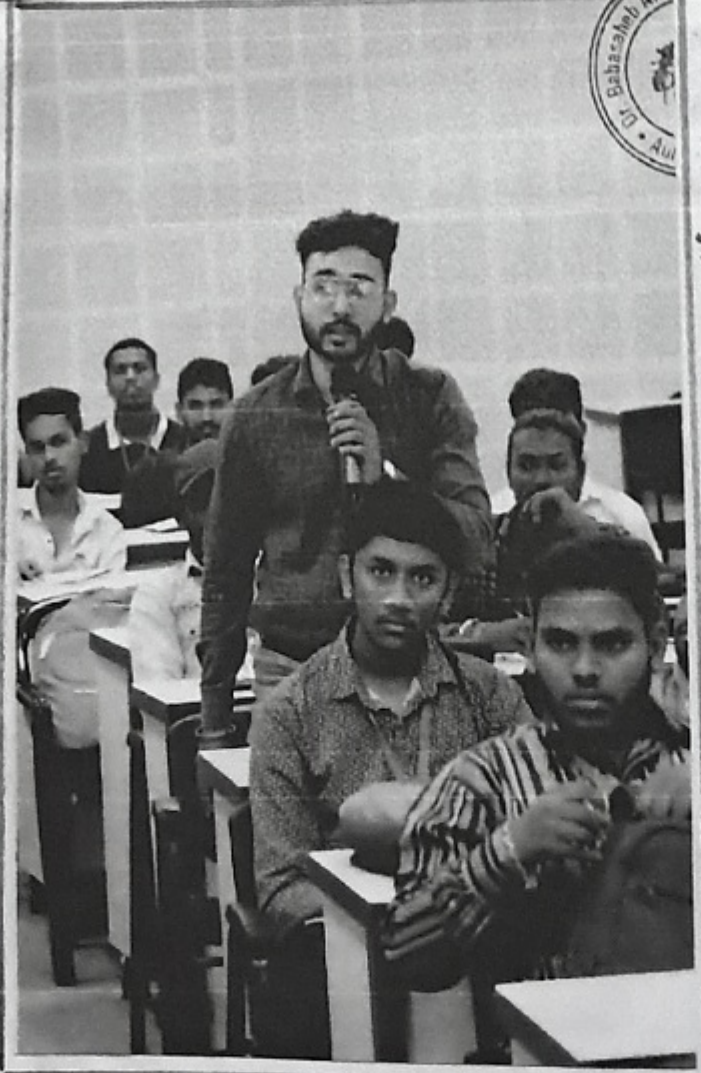
प्रमुख पाहुणे Dr. युगाळ रंदागळे व्याख्यान प्रसंगी



मा. डॉ. रणेंद्र मोरे अ व्याख्यान के वेंधसकाना



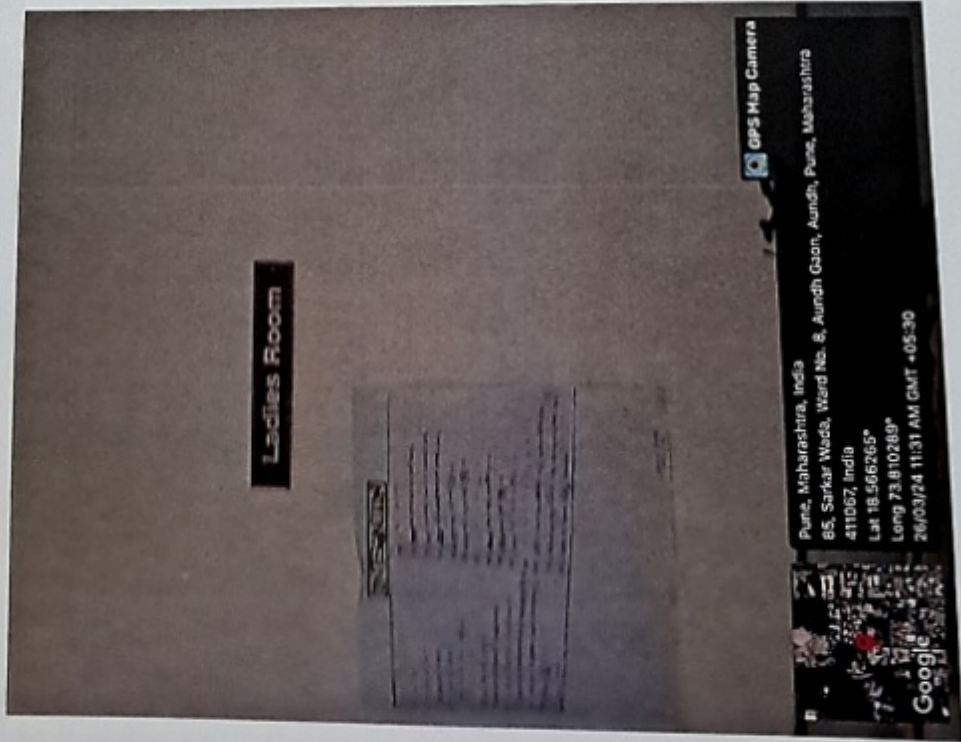
मा. राजेड मोटे विद्यालय महाराष्ट्र



समुपदेशन उपशिष्टेर्त
विद्यार्थी समुपदेशक
प्रश्न विधि विचार
असमाप्त-निधायि,



Common Rooms.



DAY CARE CENTER



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